**Song to the Trinity**

Words & Music © P. Allsop 2006

Father our God may Your name be exalted
Mighty Your hand is

profound are Your works
Marvellous to us all You have created
Signs of Your greatness

the heavens and earth

Praise to You Father Lord God of creation
Praises we sing to Christ Jesus Your Son
And with the Spirit we glory and worship
Glory and praise to the Three in One

Jesus our saviour

You came to redeem us
Light in our darkness

You showed us the way
Shared the Good News

 of the love of our Father
Offered Your life so that we might be saved

Spirit of God living presence among us
Still You restore us and fill us anew.
Many the gifts You bestow on Your people
Great is the work You inspire us to do

Now we shall sing

of Your glory and splendour.
Now we proclaim that

Your kingdom is come
Reigning in glory both now and for ever
Mighty the Godhead the Three in One

**Prayer of Saint Francis**

Music © P. Allsop 2005

Lord make me an instrument of your peace
Where there is hatred let me sow love
Where there is injury let me sow pardon
Where there is doubt let me sow faith.

Lord make me an instrument of your peace
Where there is despair let me give hope
Where there is darkness, let me give light
Where there is sadness let me give joy.

O divine Master grant that I may
Not try to be comforted but to comfort
Not try to be understood but to understand
Not try to be loved but to love.

Lord make me an instrument of your peace
Because it is in giving that we receive
It is in forgiving that we are forgiven
And it is in dying that we are born to eternal life.

(words from John's Gospel chapter 6)

Eat My Bread, this is My body,

Broken now, offered for you.

Drink My wine, this is My blood

Shed for all, poured out for you.

**We Worship You**

Words & Music © P. Allsop 2007

**We worship You**

**Lord Jesus Risen Saviour**

**With thankful hearts**

**our voices we raise**

**Your sacrifice**

**has brought us back from darkness**

**Into Your light**

**and now we sing Your praise!**

Lord our God

we stand here in Your presence

And filled with awe

Your name we magnify.

For You are great a

nd worthy of our praises

We bend our knee and You we glorify.

Lord of love Your life was one of mercy

Still You forgive and heal our every ill.

We turn to You

for comfort and compassion

Embrace our hearts,

reveal to us Your will.

Lord You reign in majesty and glory

Risen from death,

enthroned at God's right hand.

Your victory, Your cross and resurrection

Reveals to us the Father's saving plan.

Lord we know Your Spirit is upon us

And fortified we witness to Your name.

We seek the lost, the lonely and the broken

Sharing our hope, Your gospel we proclaim.

**Eat My Bread, Drink My Wine**

(words from John's Gospel chapter 6)

I Am the Bread of Life.

No-one who comes to Me will ever hunger.

My Father gives you

this bread from heaven;

This bread of life gives life to the world.

I Am the Bread of Life.

All those who eat this bread will live forever

In truth the bread that I now give you

It is My flesh for the life of the world.

I Am the Cup of Life.

Whoever drinks My blood has life eternal.

My flesh is real food, My blood is real drink.

Those who receive will draw life from Me.

**Lord You Are Worthy**

**Words & Music © P. Allsop 2005**

**Lord You are worthy**

**of praise and of glory**

**Your name is holy most merciful One**

**We kneel down before You**

**and gaze on Your splendour**

**Here in Your presence**

**we worship our God.**

Glory to You Son of God,

all nations proclaim You as Lord

By your rising You brought us to life

and set us all free.

You sit at the Father's right hand,

accomplished Your victory.

We acknowledge Your power and might,

Your Majesty

Glory to You Holy One,

our lives are transformed by Your love.

With forgiveness and mercy

You grant salvation to all.

Your kingdom endures for all time,

eternal Your glorious reign.

You are living among us our Friend,

Redeemer and Lord

**Praise The Lord You People**

Words & Music P. Allsop 2008

*Praise the Lord you people,*

*glory to His name forever*

*Worship Him in gladness,*

*proclaim His majesty*

*Seated now in heaven, glory everlasting*

*Hail the name of Jesus, His the victory!*

Forth You came

to save Your people from death

Reconciled us to the Father's love

Sent by God

to bring back all those who strayed.

Telling of Your kingdom above.

Through Your suffering

and Your death on the cross

You redeemed our lives from the grave.

In humility You conquered our sins.

Gave us hope that we can be saved.

 Word of God You bring a message of hope

Shine Your light for all the world to see

Signs You work for us

Your healing You bring

Manifesting Your deity.

God with us You reach out to those in need

Friend to all who call upon Your name.

Merciful You are compassion and love

Emmanuel forever the same.

**A Time of Adoration**

**Prelude: Traditional**

**Song words & music © P. Allsop 2006)**

**Prelude**

**O sacrament most holy O sacrament divine**

**All praise and all thanksgiving**

**be every moment Thine.**

**Song**

Entering Your presence I bow down

On this holy ground I must fall to my knees.

With majesty and splendour

You are crowned

In Your sacred space

I acknowledge my need.

Here in my weakness

I draw strength from Your love

Your glory fills me with new life.

**O holy sacrament O sacrament divine**

**All praise and all thanksgiving be every moment Thine.**

In the silence I lift up my prayer

I am filled with awe as I gaze on Your face.

For in the stillness I know You are there

You are all around and I feel Your embrace.

My one desire to spend

this moment with You

To know Your goodness and Your love.

O holy One, Lord most High,

here in our midst be glorified.

As we behold the wonderous sight,

clothe us in Your unfailing light.

**We offer You our worship with voices,**

**hearts & minds.** **To You we offer praises,**

**Lord You we magnify.**

**Adoramus Te**

**Words & Music © P. Allsop 2006**

**Adoramus Te, Adoramus Te**

**Benedicamus Te, Benedicamus Te.**

Lord God we praise You,

we bow down and worship.

We come now before You,

we fall on our knees.

Let us adore You we offer our praises.

In awe of Your splendour, o

ur voices we raise.

You reign forever, w

e bless You and praise You.

Acknowledge Your greatness,

all glory to You.

Lord God of power, O Lord God of might

Lord God of creation, let us glorify.

For You are holy, for You are the Lord

May Your name be blessed,

Lord for evermore.

**Salve Regina (Hail Holy Queen)**

Music © P. & C. Allsop 2008

**Salve Regina (Hail Holy Queen)**

**mater misericordiae**

 **(mother of mercy, Hail)**

**Vita dulcedo (our life, our sweetness)**

**et spes nostra spes nostra, salve**

 **(Hail our hope)**

To you we cry (Ad te clamamus)

poor banished children of Eve

(exsules filii Hevae)

To you we sigh (Ad te suspiramus),

mourning and weeping

(gementes et flentes)

in this vale of tears (in hac lacrimarum valle)

(Eia, ergo, advocata nostra, illos tuos)

Turn then thine eyes of mercy

(Misericordes oculos ad nos converte)

Most gracious Advocate to us

And after this our exile

(Et Iesum, benedictum fructum)

show us Jesus

(ventris tui nobis post hoc)

Blessed fruit of your womb.

(exilium ostende)

O clemens, O pia, O dulcis Virgo Maria

O clement, O loving, O sweet Virgin Mary

Pray for us God’s holy mother

That we may be made worthy of

the promises of Christ.

**Walk Upon The Water**

Words & Music © P. Allsop 2005

*Come with Me, take My hand*

*You can walk upon the water*

*If you trust in My love,*

*I will lead you through the storm.*

*Never forget I go before you,*

*I will show the way*

*And though the waves surround you*

*I will lead you to the shore.*

Why do you fear?

There’s so much I long to give you.

Just step out of the boat,

don’t be afraid now.

Wonders will unfold,

this new life is just beginning.

Great plans I have for you,

don’t you look back now.

Be not afraid.

You need only let Me guide you.

My love lighting your way,

I will be with you.

Stay by My side,

through the night and in the daytime.

Your doubts fading away, I will sustain you.

Come test the waters

I’ll be there at your side.

I will provide for all your needs.

In every situation I’ll be your guide.

Step forth and give your life to Me.

**Remain in Me**

**(from John 15)**

**Music © P. Allsop 2006**

**I am the vine, you are the branches**

**Whoever remains in Me**

**bears fruit in plenty.**

**And it will be to the Father's glory**

**That you should bear fruit for Me**

**as My disciples**

**Remain in Me.**

Yes I am the true vine,

the Father tends to Me

Every branch that grows is in His care.

As He prunes the branches,

making sure the fruit will grow.

He knows what He wants each one to bear.

Stay close to Me, you will know I'm with you

Giving life to all that you do.

You know I have loved you,

just as the Father loves

Share with all the love you have received.

Keep to My commandments,

in My love you will remain.

In this way your joy will be complete.

Friends of Mine I call you,

 do what I ask of you

I reveal to you the Father's ways.

You did not choose Me,

no I commissioned you

Called you to bear witness to My name.

**From the Rising of the Sun**

**Words from Psalm 112/113)**

**Music © P. Allsop 2007**

**The Lord is Compassion and Love**

**Music  P. & C. Allsop 2006**

**(Psalm 102/103)**

**For You My Soul Is Thirsting**

**(Words from Psalm 62/63)**

**Music © P. Allsop 2005**